



**ARCTIC ICE  
ARENA**  
Orland Park

# 2014 HOUSE LEAGUE SKILLS CLINICS



**SHOOTING  
PUCK-HANDLING  
PASSING  
SKATING  
POSITIONAL PLAY**  
**RUNS JUNE 9 - JULY 28**

**DESIGNED SPECIFICALLY FOR  
HOUSE LEAGUE PLAYERS**

For more information,  
or to register, contact

Chris Cimoch @ 708.403.4231 ext 138

[WWW.ARCTICICEARENA.COM](http://WWW.ARCTICICEARENA.COM)

Arctic Ice Arena 10700 West 160th Street Orland Park IL 60467  
Phone 708.403.4231 Fax 708.403.4248



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# House League Skills Clinics

The House League Skills Clinic will focus on skill development and refinement, and serve as an opportunity to remain on the ice during the summer. This program is dedicated to improving the individual skills necessary to become a better player. The skills to be concentrated on include: skating, passing, puckhandling, and shooting. Each session will incorporate drills directed at each of the targeted skills.

The sessions will be conducted in a positive atmosphere where players are pushed and encouraged to give their best effort.

This clinic is designed to prepare players to join an in-house hockey team where strong skating skills and puckhandling skills are essential.

The clinics are one hour long so the player can develop and maintain the skills needed to play the game of hockey. High repetition of all drills allows instructors to recognize the needs of each player and provide personalized direction for their further development.

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June 9 - July 28, 2014

COST: \$15 PER DAY

**MONDAYS** 7:30 - 8:30pm

MAXIMUM 35 SKATERS PER DAY

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